

Arihant Education Foundation's

Name of the College : Arihant College of Education

Name of the Student : Jessica Pathak

Roll No : 09

DECLARATION

My self Jessica Pathak Roll No. 09 declare that the practical submitted by me is original & written by me. I have done this practical under the guidance of Prof- Varsha Kulkarni. There is no ambiguity of any kind. In case of any discrepancies occurred in my practical. I will be solely responsible for the consequences. The college will not be, in any kind of responsible for my failure.

Signature of the Student: JPathak

Date: 02-07-2022

B.Ed. 101

Practical : CASE STUDY OF AN ADOLESCENT LEARNER

EVALUATION SCHEME

Rating Scale- Excellent: 5 Good: 4 Satisfactory: 3 Average: 2 Unsatisfactory: 1

Sr.No	Criteria	5	4	3	2	1
1	Preliminary information (Name, age, gender, residential address, DOB, POB, family background, Interest, Hobbies, and Philosophy of life)	✓				
2	Physical Development of the learner (Height, Weight, Physical problems and disabilities)		✓			
3	Mental Development of the learner (Academic achievement, other achievements, Concentration, mental maturity)		✓			
4	Social Development (Interaction with peer, Family, Neighbour)		✓			
5	Emotional Development- Expression of emotion, control of emotion, proper use of emotion		✓			
6	Linguistic Development (Modes of communication with peer, family and neighbor, command/ mastery over Language)		✓			
7	Problem and issues of adolescent learners Coping up with the stress and issues of adolescent Learner		✓			
8	Overall Impression		✓			
Total Marks out of 40		33				

Name of Guide: Prof. Varsha Kulkarni & Chaitali Sinha

Sign of Guide with date: Varsha



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PRELIMINARY

INFORMATION

NAME: SANIKA DHANANJAY
KULKARNI

AGE: 13 years old.

RESIDENTIAL ADDRESS: Bldg no 13,
Flat no: 258, S.V. Nagar, Ramtekdi,
Hadapsar. Pune - 411013

DATE OF BIRTH: 2nd September, 2008

PLACE OF BIRTH: Phaybhari, India

FAMILY BACKGROUND: Sanika has a mother (Swati Kulkarni), a father (Dhananjay Kulkarni), a small sister (Shravanii Kulkarni, 10 years old), a small brother (Manas Kulkarni, 6 years old). Father is a teacher. Her mother is a housewife. Her siblings are learning with her in St. Patrick's School. They are a joint family. They live with her father's brother who also has a family of his own.




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INTERESTS : Sanika loves Drawing, especially Mehendi Designs, swimming and she specially loves dancing. She often choreographs her own step.

HOBBIES : She loves collecting colourful marbles, drawing is her favorite hobby. She also loves cycling alot alone and with her friends.

PHILOSOPHY OF LIFE : After explaining to her the meaning of philosophy of life, she said that everyone should enjoy each day. Face each day with a smile. Everyone should have a proper routine and timetable to have a systematic life.

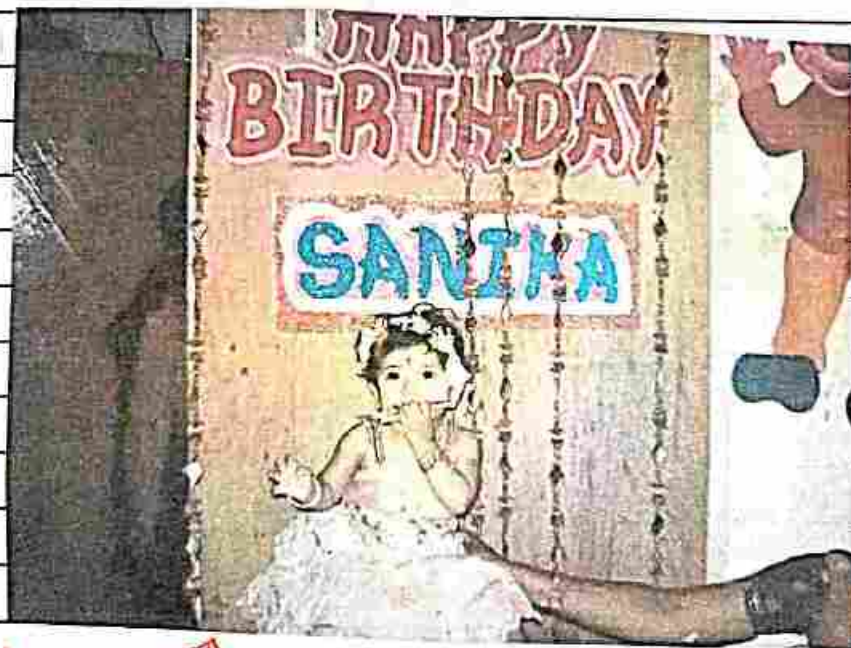
The important thing in life, she feels is to have a positive attitude. She also feels everyone should have atleast a small group of friends because without them life is incomplete.



Sanika after
a few days
she was born!



Sanika
at her
1st



birthday!!



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Sanika
in

Kinder-
garten.



Sanika now
at the age
of 13.



PHYSICAL DEVELOPMENT OF THE LEARNER

HEIGHT : 150 cms

WEIGHT : 34 kgs.

ANY DISABILITIES : NO

PHYSICAL DISABILITIES : AND

REGAR PROBLEMS

Regarding her height, Sanika feels quite insecure - compared to her friends and cousins, she feels she is quite small and would like to grow her height soon.

Regarding her weight, she feels she is very thin and



underweight. She thinks ^{she} looks quite thin and weak and wants to increase her weight too. She feels very uncomfortable and insecure if anyone comments on her height and weight and also when she is in class or specially playing with friends of her own age.



Sanika views her lack of height and weight as her physical problems.



MENTAL

DEVELOPMENT

OF THE LEARNER

ACADEMIC ACHIEVEMENT

Sanika is now studying in Std IXth in St. Patrick's School. She has never failed in school and has always gotten excellent marks. She excels in many subjects but History and English are her favorite subjects.

She has also gotten a certificate for a perfect attendance record for one year. She has also come 1st in her class in Std VIII but due to pandemic she has no certificate to prove.

Her parents have no complaints regarding her academics. She studies herself as well as helps her younger siblings. Overall, Sanika is an excellent student and a very bright intelligent child.



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OTHER ACHIEVEMENTS

Sanika has gotten a certificate for good handwriting in School Handwriting Competition.

She has also gotten a online certificate in a online held Mehendi competition.

CONCENTRATION

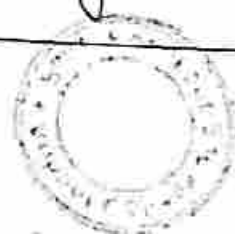
→ Sanika has excellent concentration but sometimes TV is very distracting for her.

→ She wants to go play with her friends when she is bored or does not want to study.

→ She does not procrastinate but her mother gives a lot of house chores which is very distracting and takes up lot of her time, makes her tired and sleepy which shakes her concentration.

MENTAL MATURITY

Since Sanika is the eldest sibling, she is very mature for



her age. She looks after herself and takes responsibility for her studies and other work. Her parents don't need to be after her to do anything.

She is also quite mature to take care of her younger siblings. She feels she is quite mature mentally than her friends and finds talks of boys quite trivial and immature.

She likes talking to elder people and listen to meaningful conversations. She does not like gossip and unhelpful talks which makes her feel quite mature for her age.



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SOCIAL

DEVELOPMENT

* INTERACTION WITH PEER

Sanika has a lot of friends at home, school and tuition. But she has had no deep interaction and conversations with any of her friends. She has only one close friend who is in her class. She considers her a best friend.

She shares everything with her best friend. But she says she would like to have a big good group of friends because she thinks having good friends is very important to her.

* FAMILY



Sanika's

Mother



Sanika's
family
before her
brother was
born 7



Sanika with her
younger sister



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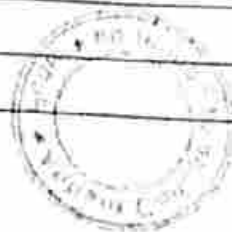
Sanika's
younger
brother



Her
Siblings



Full Family



Sanika has a very close bond with her family. She has playful interactions with them. In fact, she feels that her parents are her friends. She calls them good friends of hers.

She has phone-call interactions with her distant family. Her grandparents live in villages but she keeps contact with them and is very close to them too.

Even though she argues and fights with her real siblings, she is close to them too and has funny interactions with them.

She is quite close to all the cousins in her family too.

She does not really feel awkward and uncomfortable in family functions. She loves spending time with all of her family.

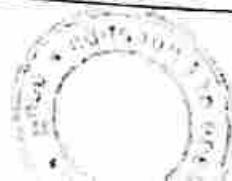
* INTERACTION WITH NEIGHBOUR

Sanika is very close to her neighbours. Since she was born, they have been taking care of



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her and treating as their
own daughter. She always feels
loved with them and any one
all interactions with them
makes her feel happy and
relaxed.



EMOTIONAL DEVELOPMENT

EXPRESSION OF EMOTION

* Happiness: Whenever Sanika is happy, she expresses it by telling the reason of her happiness to everyone. She also spreads a lot of smiles and laughs when she is happy.

* Sadness: When Sanika is sad, she doesn't like to talk to anyone. She bears it silently and sometimes she expresses it by crying loudly, especially when she is sad and angry together.

* Anger: She expresses her anger by throwing things loudly, she shouts and yells a lot. She also hits her younger siblings when she is angry with them. She is not pleased with herself with how she expresses her anger and often feels regretful and ashamed after she cools down.



CONTROL OF EMOTION

* Sadness: When Sanika is sad, she controls her sadness by thinking positively, rides her bicycle to get over her sadness and freshen her mind.

* Anger: The best way Sanika feels to control her anger is to remove herself out of the situation completely.

Sanika controls a lot of her emotions by taking long bicycle rides. She feels relaxed and soothed after her long rides.

PROPER USE OF EMOTION

Whenever Sanika feels sympathy for someone, she tries to help them and tries to solve their problems.

The same with empathy. She feels this deeply and she feels this emotion makes her a better person.

LINGUISTIC

DEVELOPMENT

* MODES OF COMMUNICATION WITH PEER *

Sanika has verbal conversations with her peers mostly in Marathi (her mother tongue), English and Hindi.

She also has non-verbal communication through Whatsapp and emoticons.

* FAMILY AND NEIGHBOUR *

She has verbal communication with her family and neighbours. She speaks in Marathi with almost everyone but her father does talk with her in English.

* COMMAND / MASTERY OVER LANGUAGE

Sanika has mastery over two languages that is English and Marathi.



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PROBLEMS AND ISSUES OF ADOLESCENT LEARNERS

* Fear of going to school: After pandemic, Sanika felt quite unsure and scared to go to school.

* No one understands her: Sanika feels that no one ever understands her, especially her mother who is always yelling at her and never praising her for her achievements.

* Awkwardness, Social Anxiety: Due to her lack of height and weight, Sanika feels quite awkward when she is out with her family and friends. She also experiences social anxiety in school.



when she is given the chance to speak or perform.

* FREQUENT SICKNESS :

Sanika falls ill quite often which puts her behind a lot of things. Due to poor health, she misses school quite a lot too which affects her school work and distracts her.

* CONSTANT IRRITATION :

Sanika feels a lot of irritation over small little things especially since she turned a teenager. She gets annoyed very easily and provoked easily too.

* INDEPENDENCE

Sanika feels the need to be independent. She feels trapped sometimes and that causes a lot of arguments with her family especially her parents.



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COPING WITH STRESS & ISSUE

→ When Sanika is stressed, she drinks a lot of water to cope her stress.

→ She also likes to eat a lot when she feels stressed. Eating takes her mind off of things.

→ She also listens to music to cope up with things. It makes her feel relaxed and it is very soothing for her.

→ She takes long bicycle rides because spending time with nature makes her feel grounded and small.

→ She copes up with her constant irritation by playing with her friends and watching TV to forget the reason of annoyance.

→ She has recently learned that talking out things helps her out a lot. Even when she has academic problems, she has learnt to be honest and ask for help instead of being scared of disappointment.

→ She also keeps a journal/diary where she writes when she is angry, sad, happy, annoyed. She thinks writing her diary is the best medicine to cope up with all her stress problems and issues.

→ She feels the best way to not be stressed is to sleep well. She almost everyday sleeps early and wakes up early which keeps her mind relaxed and fresh and she feels easy and less stressed.

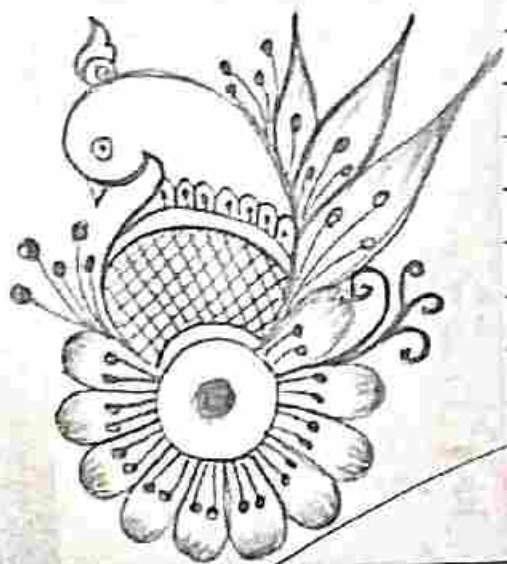
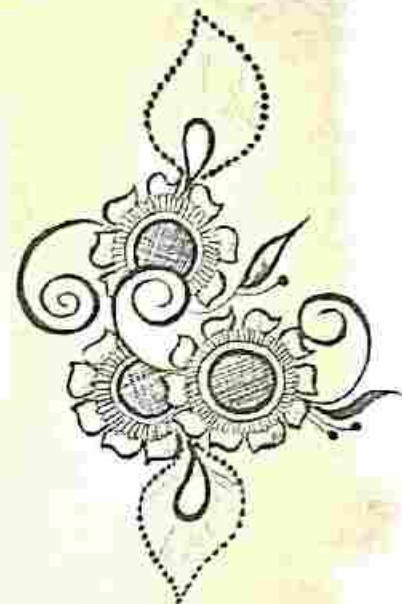


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Name
Practice
Tutorial
Written
Marks out
cross check



SOME OF SANIKA'S MEHENDI DESIGNS ...



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SANIKA IN HER SCHOOL FUNCTIONS





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SOME MORE PICTURE S OF SANIKA



REPORT CARDS

PROGRESS CARD STD. III - IV

Student's Name: Kulbhanshu Sunaka Roll No. 8

No.	Subject	Grades	Remarks for the Term	Grades	Remarks for the Term
1	English	B-1	Good work, well understood lesson	A-1	Good work
2	Maths	B-1	Known tables	B-1	Good work, well understood
3	Maths	A-1	Efficient & hard	A-1	Efficient & hard
4	E.T.S.	A-1	Works to know and learn	A-1	Good work
5	W.R.P.	B-1	Works to know and learn	A-1	Good work
6	Art	A-1	Works to know and learn	A-1	Good work
7	M	A-1	Works to know and learn	A-1	Good work

Teacher's Sign: [Signature] Headmaster's Sign: [Signature] Parent's Sign: [Signature]

PROGRESS CARD STD. III - IV

Student's Name: [Blank] Roll No. [Blank]

No.	Subject	Grades	Remarks for the Term	Grades	Remarks for the Term
1	English	A-1	Good work, well understood	A-1	Good work
2	Maths	A-1	Good work, well understood	A-1	Good work
3	Maths	A-1	Efficient & hard	A-1	Efficient & hard
4	E.T.S.	A-1	Works to know and learn	A-1	Good work
5	W.R.P.	A-1	Works to know and learn	A-1	Good work
6	Art	A-1	Works to know and learn	A-1	Good work
7	M	A-1	Works to know and learn	A-1	Good work

Teacher's Sign: [Signature] Headmaster's Sign: [Signature] Parent's Sign: [Signature]

STD III

STD IV

ST. PATRICK'S HIGH SCHOOL

REPORT CARD FOR THE YEAR 1954-55

Student's Name: [Blank] Roll No. [Blank]

Subject	Grade	Remarks
English	A-1	Good work, well understood
Maths	A-1	Good work, well understood
Science	A-1	Good work, well understood
History	A-1	Good work, well understood
Geography	A-1	Good work, well understood
Art	A-1	Good work, well understood
Music	A-1	Good work, well understood
Physical Education	A-1	Good work, well understood

Teacher's Sign: [Signature] Headmaster's Sign: [Signature] Parent's Sign: [Signature]

ST. PATRICK'S HIGH SCHOOL

REPORT CARD FOR THE YEAR 1954-55

Student's Name: [Blank] Roll No. [Blank]

Subject	Grade	Remarks
English	A-1	Good work, well understood
Maths	A-1	Good work, well understood
Science	A-1	Good work, well understood
History	A-1	Good work, well understood
Geography	A-1	Good work, well understood
Art	A-1	Good work, well understood
Music	A-1	Good work, well understood
Physical Education	A-1	Good work, well understood

Teacher's Sign: [Signature] Headmaster's Sign: [Signature] Parent's Sign: [Signature]

STD V

STD VI



ST. PATRICK'S HIGH SCHOOL

REPORT CARD FOR THE YEAR 1954-55

Student's Name: [Blank] Roll No. [Blank]

Subject	Grade	Remarks
English	A-1	Good work, well understood
Maths	A-1	Good work, well understood
Science	A-1	Good work, well understood
History	A-1	Good work, well understood
Geography	A-1	Good work, well understood
Art	A-1	Good work, well understood
Music	A-1	Good work, well understood
Physical Education	A-1	Good work, well understood

Teacher's Sign: [Signature] Headmaster's Sign: [Signature] Parent's Sign: [Signature]

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STD VII